



UC San Diego
SKAGGS SCHOOL OF PHARMACY
AND PHARMACEUTICAL SCIENCES

ASCP American Society of CONSULTANT PHARMACISTS

Welcome Back!

UCSD-ASCP had a very busy Spring 2017 quarter with many educational outreaches, senior specific talks, and hospital tours. One of our most beloved and annual events, Senior Prom was extremely successful as seniors were able to dance the day away, and also learned more about senior specific medical topics. Throughout the quarter, we had countless educational outreaches about important vitamins and minerals, senior-specific immunizations, and our newly created Heart Attack vs Heartburn presentation. We also had the honor of having Ms. May Bull, a hospice nurse, speak about end of life issues, and it was extremely wonderful to have her. We held a tour at PharmAmerica where students were able to learn about long term care in a pharmaceutical perspective. In addition, our annual bake sale fundraiser was successful as both members and the board committee contributed to our fundraising. Finally, ASCP stayed active in the summer with Rady's Day, informing students about the importance of medication safety. We are excited about this upcoming year, and look forward to new members joining us for the events we have planned this year!

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Senior Prom Anh Nguyen (P2), President Elect

On Friday April 7th, 2017, ASCP hosted its 3rd annual Senior Prom at the College Avenue Center. Every year, our seniors have looked forward to the Senior Prom, which has quickly become one of ASCP's most exciting events. This year, participants had the chance to enjoy the picnic themed event with refreshments, a photo booth and lots of dancing. In addition, there was a health fair that focused on topics relevant to the senior population such as osteoporosis and Medicare Part D.



Senior prom is such a wonderful opportunity for all those attending to enjoy each other's company and just have a fun and relaxing time. We would like to thank Dr. Freedman, all of our sponsors and dedicated members for making this event such a success. We all look forward to the next annual Senior Prom!!



From top to bottom:

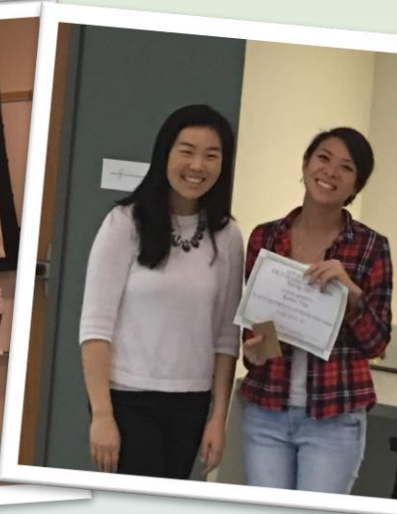
- 1) ASCP Board and Members
- 2) Senior residents dancing
- 3) From left to right: Kevin Nguyen, Kathie Tran, Allison Cid, Thuy Nguyen
- 4) Melody Padilla dancing with senior resident
- 5) Eric Chen and Amy Hsu educating senior resident about essential vitamins.

Spring GBM Jenny Dong (P4), Previous President

ASCP welcomed our members back from Spring Break with a quarter full of fun and educational events! We showed our members the many outreach opportunities available including important topics such as the difference between heartburn and heart attack, cholesterol, immunization, Medicare Part D, and Vitamins & Minerals. In addition, we have planned a very informative lunchtime talk on the topic of advance care planning & POLST and a tour at the Moore’s Cancer Center. During the meeting, we also introduced the different positions available for the 2017-2018 executive board! Lastly, we shared the exciting details of the end-of-the-year banquet. We would also like to congratulate again and appreciate the effort put in by our Members of the Quarter: Kathie Tran (P1) and Cara Eskelsen (P2)!



ASCP 2016-2017 Executive Board



Members of the quarter Kathie Tran and Cara Eskelsen with Samantha Kim (President Elect)



Please join us in welcoming our new board members for the 2017-2018 school year!

President Samantha Kim	Medicare Part D Coordinator Alda Tran	Treasurer Melody Padilla	Secretary Amy Hsu
President Elect Anh Nguyen	VP of Professional Education Natalie Tran	Save the Date! Friday, October 13th, 2017 12:00P.M. – 1:00P.M. ASCP’s 1 st GBM – Come support your classmates running for a board position and see the upcoming events we have for you this quarter!	
VP of Community Outreach Kathie Tran	Geriatrics Elective Coordinator Eric Chen		
Community Affairs Coordinator Elizabeth Duxbury	Board Liaison Yvonne Pham		

Spring Bake Sale

Eric Chen (P2), Geriatrics Elective Coordinator

On May 12, ASCP held its annual Spring Bake Sale fundraiser in the lobby of Skaggs School of Pharmacy. A variety of baked goods were offered, including donuts, cupcakes, cookies, and pastries. The bake sale was a huge success, as both students and faculty could not resist grabbing a tasty treat when passing by. While ASCP board provided most of the treats, ASCP member **Cecelia McConnon** provided a homemade treat for the bake sale and helped out with running the sale. It was fantastic to see everyone having a great time and ASCP appreciates all the support from both students and faculty.

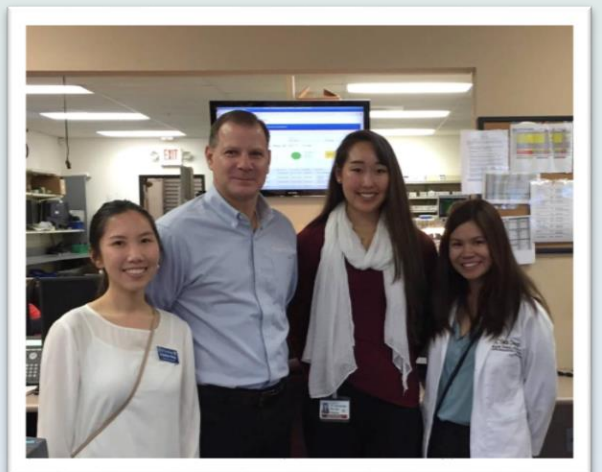


Left: Samantha Kim advertising tasty treats
Right: Cecelia McConnon, Eric Chen, and Laifou Saechou helping out with the bake sale

PharmAmerica Tour

Natalie Tran (P2), VP of Professional Education

On May 25th, ASCP organized a tour at PharMerica Long-Term Care Pharmacy. Dr. Michael Miller presented the work areas and explained personnel duties for pharmacy students Kaishan Ding, Nicole Nitake, and Natalie Tran. It was interesting to see how Long-Term Care as a blend of retail and inpatient pharmacy. It was great to know that technicians and pharmacists got to sit down to work once in a while in this Long-Term Care Pharmacy! The students had the opportunity to ask questions and learn more about this field throughout the hour, and it definitely was a valuable experience.



From left to right: Kaishan Ding, Dr. Michael Miller, Nicole Nitake, Natalie Tran

Heartburn Vs. Heart Attack Presentation

Amy Hsu (P3), Secretary

On May 23rd at Brookview Village, Elizabeth Duxbury, Samantha Kim, and Amy Hsu along with our preceptor Dr. Kelly presented a relatively new outreach on Heartburn vs. Heart Attack established by Anh Nguyen. The presentation went over the key symptoms of heartburn and the three different types of over-the-counter medications used to treat heartburn including antacids, histamine-2 receptor antagonists, and proton pump inhibitors. The students explained the physiology and causes of heart attacks and how to distinguish the symptoms from heartburn. The presentation also covered what to do in case anyone is having symptoms of a heart attack. The audience members at Brookview Village were very attentive and asked many great questions about the topic. The outreach was an overall success and we look forward to giving more presentations at Brookview Village!



From left to right: Elizabeth Duxbury, Samantha Kim, Amy Hsu, Dr. Panteha Kelly

Lunchtime Talk with Hospice Care Nurse

Kaishan Ding (P4), Past VP of Professional Education

On May 31st 2017, it was our pleasure to have Ms. May Bull come to our campus to give the ASCP members a talk about palliative and end-of-life issues. Ms. May Bull is a registered nurse with a lot of experiences in hospice care, and a member of San Diego County Coalition for



ASCP Board with Ms. May Bull

improving End-of-Life Care. Her talk provided insightful information about advance health care planning, which is a process aimed at allowing competent adults guide their medical care at times when they are unable to speak for themselves. She talked about "Death Cafés", and the Go Wish Game. She shared her stories about how she helped her patients make informed choices at the end of the life journey, and raised awareness about the importance of planning ahead for medical care and treatment goals.

Vitamins & Minerals Presentation

On April 27th 2017, ASCP held a vitamins and minerals outreach for a group of seniors at the Vi at La Jolla Village. Presenters included Elizabeth Duxbury, Yvonne Pham, and Natalie Tran. Dr. David Bao was the preceptor for the event. The students discussed tips for taking vitamins, precautions about certain vitamins, what each is for, how much to take for each, and good sources for each vitamins and minerals. In general, the seniors were enthusiastic about the subject. Some were curious on the source of certain vitamins, and others were concerned about not getting enough or getting too much supplements. The students and Dr. Bao answered the seniors' questions by providing details explanations about sources of vitamins A, B12, C, D, calcium. Even though the event lasted only one hour, it was very successful and productive.

Natalie Tran (P2), VP of Professional Education



Yvonne Pham, Elizabeth Duxbury, and Natalie Tran educating seniors at Vi at La Jolla Village about vitamins and minerals.



Rady's Day

Alda Tran (P2), Medicare Part D Elective Coordinator

Rady's Pharmacy Day was a day for students interested in the professional health fields to explore the different pathways of pharmacy. With engaging activities, they learned the technique for using an inhaler, the fasting/fed blood level readings, chapstick compounding, preparations of IV bags, and medication safety.

ASCP's board member Alda Tran took on the task of educating the students about medication safety. They also had the opportunity to hear speakers from pharmaceutical companies describe the research side of pharmacy. Current pharmacy students from UCSD Skaggs School of Pharmacy were there to facilitate and share their stories to different groups of students about their experience. It was both a fun and educational day.



Senior Specific Immunizations Yvonne Pham (P2), Board Liaison

On April 9th, 2017, Victor Tang, Gillian Andaya and Thi Nguyen had the opportunity to present to the residents at Vi at La Jolla about senior specific immunizations. They were accompanied by VP of Immunizations Yvonne Pham, and Dr. Sarah Lorentz as the preceptor. The presentation emphasized the importance of the shingles, flu, pneumococcal and TDAP vaccinations. At the end of the presentation, the floor was open for Q&A. The residents were concerned about the shingles shots, and Dr. Sarah Lorentz was able to talk more in depth about that vaccination, and the soon to be vaccination Chingrix! Overall, the presentation went very well, and the residents were all very engaged.

ASCP Annual Banquet

Yvonne Pham (P2), Board Liaison

ASCP celebrated our successful and eventful year at our annual banquet at Leucadia Pizzeria! We were joined by one our well appreciated preceptors Dr. Bao, along with ASCP members and the previous and incoming executive board. There was delicious food, good company and a fun photobooth! It was a great end of the year event to look back at all we had done during the 2016-2017 year. We would like to thank Jenny Dong for leading our successful and efficient year as President. We will miss you!



Who We Are!



UCSD-ASCP is a student chapter of the American Society of Consultant Pharmacists. We are a non-profit organization dedicated to serving the needs of the geriatric community.

We are a relatively new chapter, established just six years ago, but we have seen an incredible amount of growth in our membership, and we have been involved in countless events. We go out in the community and do presentations on medication safety and vaccine awareness, health screenings and brown bag events, as well as provide educational lectures to our members.

For more information about our events, or our organization please visit our website or Facebook page!

Honor Pin Requirements

- Be a member all 4 years
- Attend 6 GBMs total (P1-P3 year)
- Accumulate 10 honor pin points throughout the 4 years by:
 - Participating in Community Outreach Events (1 pt)
 - Attending Professional Education Events (1 pt)
 - Writing an article for ASCP Newsletter (0.5 pt)
 - Helping with fundraisers (0.5 pt)



UCSD-ASCP Newsletter Editor:
Yvonne Pham (P2), Board Liaison



Contact UCSD-ASCP!

UCSD Skaggs School of Pharmacy and
Pharmaceutical Sciences
9500 Gilman Drive
La Jolla, CA 92093
Email: ucsd.ascp@gmail.com