

Fall 2012



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Welcome!

Pamela Saarikoski, Board Liaison (P3)

UCSD-ASCP experienced an exciting Fall 2012 filled with many successful events including a Shingles Awareness and Prevention session, Alzheimer’s Screenings, a Tour of Ron’s Pharmacy Services, a fun holiday fundraiser, a Medicare Part D Refresher course, the 2nd Annual Consultant Pharmacist Networking Session and even participation at the ASCP Annual Meeting and Exhibition in Maryland. After a restful holiday, we are eagerly stepping into the New Year and the many inspiring events unfolding in the Winter of 2013 such as Pharmacy Day, several stimulating Professional Educational Talks and the second offering of our Geriatric Elective Course. We hope to see you there!

Membership Drive

Denise Harano, President (P3)

On October 2nd, UCSD-ASCP hosted its 4th Annual Membership Drive. Over 80 students attended to learn more about what ASCP had to offer over lunch. We were lucky to have consultant pharmacist, Pamela Schuster come and talk about the geriatric patient population and why pharmacists are so important in managing their health. She spoke about the aging population and what she does as a consultant pharmacist. Raffle prizes were donated from local businesses such as Sprinkles Cupcakes, Islands, and Starbucks and raffled off throughout the drive. We also

introduced the benefits to membership such as: priority for IPPE community service activities and professional education lunchtime talks, ASCP conference delegate opportunities, and our new Graduation Pin system. Formerly the Honor Cord Program, ASCP members who have been particularly active will be awarded with a pin and certificate at our End-of-the-Year Banquet. The pin is something to recognize our active members and something they can wear on their gown at graduation. This program is new and is only for the class of 2016 and beyond.

The requirements are as follows:

- Be a member all 4 years
- Attend 6 GBMs (P1-P3 year)
- Accumulate 10 honor cord points throughout the 4 years by:
 - Participating in Community Outreach Events (1 pt)
 - Attending Professional Education Events (1 pt)
 - Writing an article for ASCP Newsletter (0.5 pt)
 - Helping with fundraisers (0.5 pt)

*Other events are at the discretion of the exec board

Thank you to everyone who attended the Membership Drive and welcome to all 24 of our new P1 members!

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Dr. Pamela Schuster educating pharmacy students about the pharmacist’s role in geriatric health management.

Fall General Body Meeting

Jin Piao, President-Elect (P2)

We held our very eventful Fall GBM on Tuesday, October 16th. During the GBM the executive board members introduced themselves and many of the upcoming events of the fall quarter. In the second half of our Fall GBM, we held elections for the two open positions: VP of Immunizations and P1 Class Liaison. It was very exciting to listen to very thoughtful speeches by so many passionate and well qualified candidates. After a very close race, we are proud to present our new P1 class Executive Board Members: *VP of Immunizations: Jamie Sanders and P1 Class Liaison: Sarah Brown.*

We look forward to working together with our new executive board and our ASCP members for another fulfilling year.

Second Annual Consultant Pharmacist Networking Session

Tiffany Lee, VP of Professional Education (P3)

On October 30th 2012, UCSD-ASCP held the 2nd Annual Consultant Pharmacist Networking Session. This year, 6 pharmacists participated in our event, including: former CA-ASCP President Dr. Greg Medley, Dr. Ron Belville, Dr. Francesco Mangiapane, Dr. Pam Schuster, Dr. Stephanie Matinpour and Dr. Larry Zelman. Our faculty advisors Drs. Joseph Ma and Sarah McBane attended as well.

The event started off with a brief introductory presentation about consultant pharmacists and the Certified Geriatric Pharmacist credential. This was followed by each of the pharmacists introducing themselves and describing what they do to ensure patients' medications are appropriate, effective and safe in order to optimize therapies and health outcomes. The job descriptions of the pharmacists working in the hospital, skilled nursing facility and home setting included evaluating and monitoring medication therapies as well as identifying, resolving and preventing medication-related problems. Dr. Belville is experienced in managing long term care pharmacies and was able to tell students more about the business aspect of pharmacy. Dr. Medley shared his experience of evaluating multiple healthcare systems to promote clinical pharmacy services and implement cost-effective medication use. The next part of the event included a question and answer session, where students asked the panel of pharmacists for more details about their typical work day as well as how they got to where they are today. All of the guest speakers had interesting stories to share and gave students advice about how to find their future career paths.

We would like to thank the pharmacists who participated in our networking session and we look forward to hosting another one next year to enlighten students about career paths in geriatric pharmacy. Many thanks also to our sponsors (Sprinkles, Vons, Fresh and Easy and Sprouts) for donating snacks, desserts and refreshments!



Panel of consultant pharmacists

From left to right: Dr. Zelman, Dr. Belville, Dr. Mangiapane, Dr. Schuster, Dr. Medley and Dr. Matinpour



Dr. Matinpour with students

From left to right: Jin Piao, Alyssa Miyake, Sun Choi, Christine Manalo, Pamela Saarikoski, Jane Lim and Tiffany Lee

Shingles Awareness and Prevention

Sophia Lai, VP of Immunizations (P2)

On October 4th 2012, Phyo Aung, Albert Wang, and Sophia Lai visited the Horton House to educate seniors on shingles awareness and prevention. Dr. Nathan Painter precepted the event. It was an enthusiastic crowd that day. The seniors had many questions about the disease and the vaccine. Some patients wondered whether some symptoms they had could be considered a shingles outbreak, whereas another patient worried because she had never been exposed to chicken pox before. Fortunately, there was also a translator on site. The seniors were given answer cards to respond to the questions inserted throughout the presentation to assess knowledge. The interactive presentation was followed



From left to right: Phyo Aung, Albert Wang and Sophia Lai educating seniors about shingles awareness and prevention at the Horton House

by a question-and-answer session. It was great to tell people more about shingles so that they can get the vaccine and lower their risk of contracting shingles. There were at least two seniors who told me they were heading to a pharmacy down the road to get the vaccine later on that day!

Alzheimer's Memory Screening

Alyssa Miyake, VP of Community Affairs (P2)

UCSD-ASCP teamed up with UCSD-APhA to provide a health fair for the surrounding community at the University Community Library on November 10, 2012. At the event, UCSD-ASCP member Sarah Ross provided Alzheimer's memory screenings to those in attendance. The memory screening was a part of a national event sponsored by the Alzheimer's Foundation of America whose purpose is to help detect early signs of memory loss. Although only a few community members came out to the event, the UCSD-ASCP and UCSD-APhA members practiced their clinical skills and provided excellent care to the community members.

Tour of Ron's Pharmacy Services

Jin Piao, President-Elect (P2)

On November 19th, UCSD-ASCP members went on a tour to visit Ron's Pharmacy Services in Mira Mesa. Ron's Pharmacy Services is a closed-door pharmacy, which serves numerous long-term care facilities in the San Diego and Los Angeles area. It provides services such as medication therapy management (MTM) and many other services that are catered to the geriatric population. The tour was led by Dr. Ron Belville, the owner of the pharmacy. Dr. Belville showed our members many of the specialized departments within the pharmacy, such as the medical records room, delivery stations, the IV room, and the main pharmacy where pharmacists focus on reviewing patient charts and resolving problems regarding patients' treatments. After the walking tour, members had the chance to ask Dr. Belville questions and learned more about the different responsibilities of consultant pharmacists. Overall, it was a very exciting opportunity for our members to see and learn about an area of pharmacy that is different from retail and hospital pharmacy. We would like to thank Dr. Belville for his time and giving us a very inspiring and thorough tour through his pharmacy.

Executive Board 2012-2013:

President

Denise Harano, P3

President-Elect

Jin Piao, P2

VP of Community Affairs (P3)

Christine-Marie Manalo,
P3

VP of Community Affairs (P2)

Alyssa Miyake, P2

VP of Professional Education

Tiffany Lee, P3

VP of Immunizations

Jamie Sanders, P1

Board Liaison

Pamela Saarikoski, P3

Secretary

Cindy Nguyen, P3

Treasurer

Kristie Luu, P2

Geriatrics Elective Coordinator

Alex Guo, P3

P1 Class Liaison

Sarah Brown, P1

Medicare Part D Chair

Phyo Aung, P2

2012 ASCP Annual Meeting and Exhibition

Christine Marie Manalo, VP of Community Affairs (P3)

The 2012 American Society of Consultant Pharmacists Annual Meeting and Exhibition was held on November 6th-9th at the Gaylord National Resort and Convention Center in National Harbor, Maryland. The Annual Meeting is a one-of-a-kind event where pharmacists, students, health care providers, and guests can equip themselves with the education and training necessary to provide quality care to the fastest growing group, the elderly population.

Three executive members from the UCSD-ASCP Chapter had the opportunity to attend the conference. The Skaggs School of Pharmacy and Pharmaceutical Sciences sponsored Chapter President, Denise Harano, and Vice President of Community Outreaches, Christine Manalo, to attend as delegates. Vice President of Educational Events, Tiffany Lee, also attended the Meeting.

The three members were astonished by the numerous educational talks, workshops, and continuing education events offered and the many innovative products and services showcased. Some continuing education topics presented were: "Optimizing the Care of People with Dementia Living in Nursing Homes," "Advances in the Treatment of Inappropriate Laughing and Crying," "Advances in the Treatment of Type 2 Diabetes in Adult Patients Across Age Groups," and "Management of Pain in Geriatrics and Advanced Illness."

Although ASCP Annual had many continuing education events geared towards practicing pharmacists and healthcare providers, ASCP did not forget to cater to students! In addition to attending three continuing education workshops, Christine, Denise, and Tiffany attended the Academic track all day on November 8th. Brief formal presentations were given such as "Preparing a Curriculum Vitae and Interviewing Skills," "On Your Mark...Get Set...Match! How to Become a Standout Residency Candidate," "Applying Clinical Practice Guidelines to the Care of Older Adults," and "Oh, the Places You'll Go: A Showcase of Various Geriatric Practice Opportunities." They also attended presentations that taught them the complexities of medication management, changes with aging, and approaches to caring for the elderly.

All presentations were informative, however, "Oh, the Places You'll Go," was the most enlightening. During this event, about 10 consultant pharmacists rotated around tables with 10-12 pharmacy students during a 1.5 hours period. At the tables, the pharmacists talked about their current jobs, past experiences, what they initially wanted to do after graduation, what it took for them to get where they were now, and most importantly why they loved their job.

Additional interactive events included a poster presentation session, where ASCP Chapter members showcased their posters and the Student Reception, where students and pharmacists mingled with one another. Also, there was a rare opportunity to sit-in and listen on a California Regional Meeting, where various consultant pharmacists representing different counties within California were present.

Overall, the three executive members are thankful for the opportunity to attend an ASCP Annual Meeting and Exhibition. The experience not only enhanced their passion for caring for the rapidly growing senior population, but also taught them the importance of continuing education and exposed them to the many challenges and critical issues impacting the care of seniors.



From left to right: Tiffany Lee, Christine Marie Manalo and Denise Harano at the 2012 ASCP Annual Meeting and Exhibition

2012 ASCP Annual Meeting and Exhibition

Christine Marie Manalo



From left to right: Shannon Marie (Massachusetts College of Pharmacy), Christine Manalo, Mai-An Pham (USC School of Pharmacy), Denise Harano and Tiffany Lee



UCSD-ASCP meets Chicago State University College of Pharmacy
From left to right: Christine Manalo, Maimoona Batul, Tiffany Lee, Nikali Patel and Denise Harano



From left to right: Tiffany Lee, Denise Harano and Christine Manalo



Representing UCSD-ASCP at the Poster Session
From left to right: Christine Manalo, Denise Harano and Tiffany Lee



Photo on the left: Christine Manalo, Tiffany Lee and Denise Harano with Dr. Marsha Meyer (National ASCP Region V Board Member 2012-13) and Dr. Lee Meyer (Past National ASCP President)

Photo on the right: Christine Manalo, Mai-An Pham and Denise Harano with Dr. Amy Nuie-Li (right) from VA Connecticut

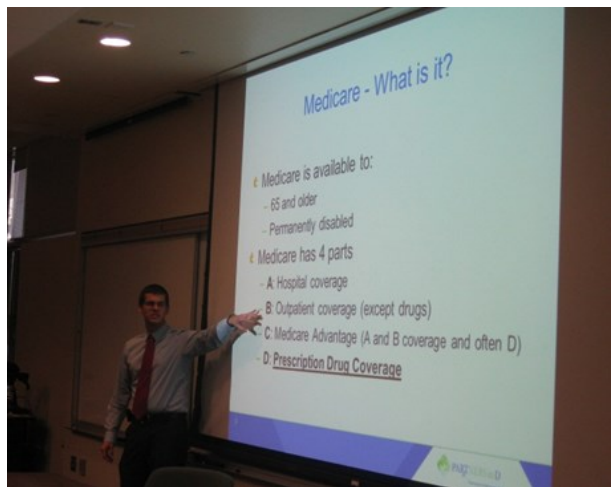


ASCP Medicare Part D Refresher

Tiffany Lee, VP of Professional Education (P3)

On Wednesday November 28th 2012, UCSD-ASCP hosted its first quarterly lunch talk of the school year with Dr. Nathan Painter, Pharm.D., CDE, as the guest speaker. Dr. Painter is the co-director of clinical pharmacy services at UCSD Family Medicine clinics and is also part of the Skaggs faculty. He is involved in teaching the pharmacy practice courses and the Medicare Part D elective.

At the lunch talk, Dr. Painter gave a presentation about Medicare Part D to pharmacy students and a handful of medical students. The presentation went over the basics of Medicare Part D and included detailed diagrams showing when the coverage gap and catastrophic coverage occurs. He also gave updates about the new drug formularies, which now cover barbiturates and have unrestricted coverage of benzodiazepines. Additionally, he pointed out that the impact of healthcare reform in recent years is leading to the gradual elimination of the coverage gap (donut hole). This is being achieved by partial coverage of both generic and brand medications in the coverage gap as well as a reduction in the out-of-pocket amount that qualifies an enrollee for catastrophic coverage. This lunch talk was a helpful overview of Medicare Part D for students who did not take the elective before and was also a good review of the basic concepts for students who already learned about Medicare before. The ASCP executive board would like to thank Dr. Painter for his involvement with the club and for presenting this informative talk. We look forward to bringing in more guest speakers in future quarters to share their knowledge about geriatrics and geriatric-related topics.



Dr. Nathan Painter educating pharmacy and medical students about Medicare Part D



Dr. Nathan Painter surrounded by UCSD-ASCP Executive Board members
 From left to right: Top row-Denise Harano, Christine Manalo, Alex Guo, Tiffany Lee, Kristie Luu
 Bottom row-Phyo Aung, Alyssa Miyake, Jin Piao, Cindy Nguyen, Jamie Sanders, Pamela Saarikoski

Over 90 and Loving It Movie Night

Denise Harano, President (P3)

On November 26th 2012, UCSD-ASCP held an Over 90 and Loving It movie night/Rocking Stockings decorating session. Over 90 and Loving It is a documentary showing over 90 year olds enjoying life and being active doing things you would not expect, like pole vaulting and getting a Master's degree. Members enjoyed watching the movie with popcorn and refreshments. We also combined this movie night with our Rocking Stockings fundraiser to make pre-made stockings orders which were delivered to students during finals week as a Christmas gift. Members enjoyed the movie and its positive outlook on aging, and it served as a nice study break for our hard working members!



From left to right: Cindy Nguyen (back), Diana Mirzoian, Pamela Saarikoski and Sarah Brown decorating stockings while enjoying the movie "Over 90 and Loving It"



From left to right: Sarah Brown, Cindy Nguyen and Jin Piao decorating stockings for the Rocking Stockings fundraiser.

Rocking Stockings Fundraiser

Kristie Luu, Treasurer (P2)

The Rocking Stockings Fundraiser this year was a success. The fundraiser provided a great time of decorating the stockings with bubble paint, stickers, glitter glue, ribbon and gems! Each stocking was personalized and filled with delicious candy for students to munch on while they study for finals. This year ASCP sold 105 Christmas stockings and raised \$249.55. This was all possible with the support and generous donations from the students at SKAGGS. We would like to say thank you to all who contributed to the fundraiser!



The finished product—several beautiful stockings ready for delivery to their lucky recipients.

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Skaggs School of Pharmacy and Pharmaceutical Sciences at UC San Diego



UCSD-ASCP Executive Board 2012-2013

Left to right:

Front row-Denise Harano, Alex Guo, Pamela Saarikoski
Back row- Sarah Brown, Jin Piao, Christine Manalo, Jamie
Sanders, Tiffany Lee, Phyo Aung, Alyssa Miyake, Cindy Nguyen
Missing from photo: Kristie Luu

Who We Are

UCSD-ASCP is a student chapter of the American Society of Consultant Pharmacists. We are a non-profit organization dedicated to serving the needs of the geriatric community.

We are a relatively new chapter, established just four years ago, but we have seen an incredible amount of growth in our membership, and we have been involved in countless events. We go out in the community and do presentations on medication safety and vaccine awareness, health screenings and brown bag events, as well as provide educational lectures to our members.