



# ASCP American Society of CONSULTANT PHARMACISTS

Volume 5, Issue 3

Spring 2015

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## Welcome!

Teresa Vu, Board Liaison (P3)

UCSD-ASCP wrapped up the spring quarter successfully. The past several months have been exciting as we created new events while keeping the traditional ones. We started off with the Exec Board Meeting, where the board planned excited events for the quarter. We introduced the pharmacy profession to many curious potential undergraduates during the annual Triton Day. During the Spring GBM, members learned about exciting new events for the quarter and the details regarding the upcoming elections. The lunchtime talk with Dr. Anguera delved into the world of aging and the elderly population. The Spring Elections welcomed a new motivated team on board to carry the organization through another year of growth. The annual Senior Prom brought smiles to the young and old alike at The College Avenue Center with an afternoon of food and dancing. During the Rx Connections event, an evening was spent networking with pharmacists from varying specialties throughout the San Diego County.

We were fortunate to host several informational outreach events regarding the importance of immunizations such as the Shingles vaccine. We wrapped up the year with a banquet where the current board was celebrated and the new board was introduced.

# UCSD-ASCP Executive Board Meeting

Jamie Kneebusch, Past President (P4)

The ASCP executive board met on April 4 to discuss the plans for the upcoming semester. All members of the board discussed their ideas for events that could be developed for the members. In the meeting the board collaborated on what would best fit in to the current schedule and discussed new ideas, such as our first annual ice cream social, put on by our P1 Board Liaison, Jenny Dong. Additionally, the meeting allowed for time to catch up on last minute details for the upcoming 2<sup>nd</sup> Annual Senior Prom later in the month. Overall, the executive board meeting was successful with all board members contributing exciting new events to present to the members at the upcoming GBM.



Left to Right. Top: Kevin Vu, Sarah Ross, Nikki Mulligan, Jenny Dong, Deepika Mohan, Yafang Xie, Sophie Xia  
Bottom: Jamie Kneebusch, Cindy Lau, Siu Mei Ma, Yu Jin, Estelle Kim

## Triton Day

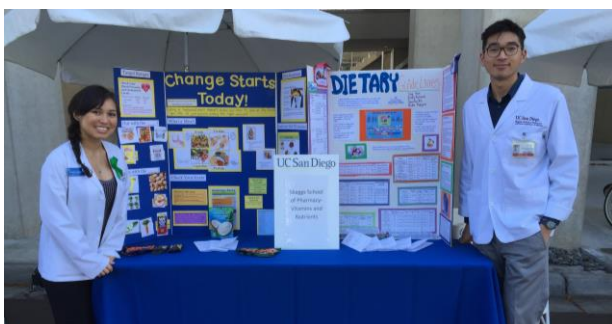
Kevin Vu, Past Geriatrics Elective Coordinator (P4)

On Saturday April 4, 2015, ASCP hosted an outreach booth at Triton Day. It was the first time that ASCP participated in this annual event. Triton Day allows admitted undergraduate students the opportunity to explore the UC San Diego campus and to learn about the different student and academic organizations that the university offers. It is estimated that more than 15,000 accepted students and their families came to visit the campus that day.

Many thanks to our ASCP members Sophia Xia, Lauren Aragon, Thuy Hoang, and Manreet Sivia for volunteering their time! They were on hand to facilitate interactive educational activities that highlighted steps to improving and maintaining a healthy lifestyle. They presented posters on the topics of Nutrition and Dietary Guidelines, while answering patient-related questions.

Following the success of this year's event, we hope to maintain a presence at future

Triton Days in the years to follow. In the coming years, we are seeking to participate in the annual Transfer Triton Day, a similar event dedicated to newly admitted transfer students.



Left: Lauren Aragon and Kevin Vu



Top: Thuy Hoang and Manreet Sivia  
Bottom: Lauren Aragon and Sophia Xia

# Spring GBM

Jamie Kneebusch, Past President (P4)

On April 9, 2015 the UCSD-ASCP members gathered to attend the Spring General Board Meeting. At this meeting, members were introduced to exciting events that were coming up later in the quarter. Additionally, this GBM was an opportunity to discuss the different positions that were available in the upcoming elections. Each board member presented the specifics of their respective position. Following the GBM, time was left to answer questions from potential candidates and discuss ideas for next year's board members. It was a successful GBM where members and the executive board could develop ideas for the future of UCSD-ASCP chapter.



ASCP members are participating in the Spring GBM.



## Lunchtime Talk with Dr. Joaquin Anguera

Deepika Mohan, Past VP of Professional Education (P4)

On April 10, 2015, ASCP had a one hour lunchtime talk given by Dr. Joaquin Anguera from San Diego State University on the topic of Aging. Dr. Anguera started his presentation by giving an overview of how elderly are represented in today's culture. He then went on to show how aging has been portrayed throughout history using music, poetry, commercials and advertisement. He finally presented his topic from a personal standpoint. Throughout the presentation, Dr. Anguera wanted ACSP members to understand that aging has different meanings to different cultures and that we can impact the changing perceptions on aging.



Left to right: Jamie Kneebusch, Deepika Mohan, Dr. Anguera, Estelle Kim, and Siu Mei Ma

## Networking

### RX CONNECTIONS

Deepika Mohan, Past VP of Professional Education (P4)

On April 21, 2015, UCSD Skaggs School of Pharmacy held its second school-wide roundtable event. This was a joint event with all the organizations from the pharmacy program including: AS, APHA, CSHP, Pill, and ASCP. The event took place at the East Ballroom in Price Center. The program started shortly after 6pm with an Italian dinner. Students were given a chance to rotate to different tables and talk to pharmacists in a relaxed environment for two hours. It was a great event that connected students to the pharmacists in the community.



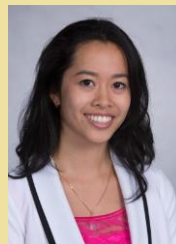
# Spring Elections

Nikki Mulligan, President (P3)  
Jenny Dong, President-Elect (P2)

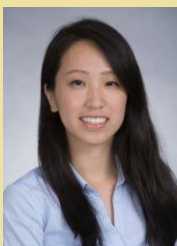
UCSD-ASCP elected our new board members on April 23<sup>rd</sup> and had an exciting run-off election on April 29<sup>th</sup>. Thank you to all of our candidates and to all of our members that voted. We are proud to present the 2015 – 2016 UCSD-ASCP executive board:



**President**  
Nikki Mulligan



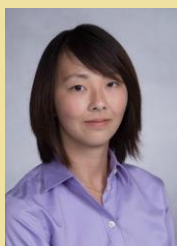
**Board Liaison**  
Teresa Vu



**President-Elect**  
Jenny Dong



**Geriatrics Elective  
Coordinator**  
Jin Yang



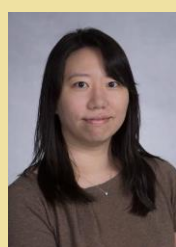
**Community Affairs  
Coordinator**  
Siu Mei Ma



**Medicare Part D  
Outreach Coordinator**  
Bao-Ling Lei



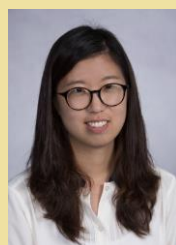
**VP of Community  
Outreach**  
Quyen Nguyen



**Secretary**  
Jaye Kim



**VP of Professional  
Education**  
Lai Saechao



**Treasurer**  
Alice Koh

# Senior Prom

Nikki Mulligan, President (P3)

Senior Prom, created by Dr. Jin Piao in 2014 as the president of ASCP, is fast becoming a cornerstone event for our organization. The 2<sup>nd</sup> annual event took place at the College Avenue Center and was decorated in spring flowers, banners, and teakettles to a tea-party theme. Several ladies were wearing tea-party worthy dresses and many guests wore handmade rose corsages. Senior prom guests sipped on tea and snacked on cookies while perusing posters on Medicare Part D, Shingles, Diet and Vitamins. For every poster visited, our guests received raffle tickets for a chance to win one of several prizes! Music was lively and the dance floor was crowded thanks in part to several international students and a couple experienced ballroom dancers. In this casual setting, student pharmacists were able to mingle and build connections with members of the College Avenue Center, the site of many Skaggs School of Pharmacy health outreaches. Many of us heard eventful life stories or were waltzed through the steps of unfamiliar dances. Word about the event must be getting around as our turnout increased from last year! The event included 45 seniors, 22 students from Skaggs School of Pharmacy and 12 international students from San Diego State University.



Top Left: Laifou Saechao. Top Right: Quyen Nguyen and Tiffany Cheng  
Bottom: Jane Chang and Tiffany Cheng



Left to right: (front row) Yafang Xie, Kaishan Ding, Nikki Mulligan, Jennifer Vu, Sophie Jia, Deepika Mohan, (middle row) Cindy Lau, Rachelle Roxas, Erin Lee, Bao-Ling Lei, Jenny Liang, Catherine Hsu, Siu Mei Ma, Yu Jin, (back row) Kevin Vu, Jane Chang, Quyen Nguyen, Jenny Dong, Sarah Ross, Tiffany Cheng, Jamie Kneebusch, Laifou Saechao, and Dr. Marie Scott.

We would like to thank everyone that contributed to this event including Elissa Landsman, our liaison with the College Avenue Center, Dr. Marie Scott, our pharmacy preceptor, the College Avenue Center for hosting and sharing the cost of the event, our ASCP student volunteers, the International students of San Diego State University and Sprinkles cupcakes. Thank you also to all the faculty and students that bought Rose Grams during the ASCP winter fundraiser – all the proceeds funded decorations, corsages, raffle prizes, food and beverages. Thank you also to our senior prom committee members:

#### **Logistics Committee**

Jamie Kneebusch  
Nikki Mulligan  
Laifou Saechao  
Sarah Ross  
Lindsay Ditmars

#### **Fundraising Committee**

Sophie Xia  
Jenny Dong  
Siu Mei Ma  
Yafang Xie  
Sammi Tam  
Deepika Mohan  
Rachelle Roxas

#### **Decorations Committee**

Estelle Kim  
Kevin Vu  
Cindy Lau  
Yu Jin  
Erin Lee  
Kaishan Ding  
Jennifer Vu  
Bao-Ling Lei  
Tiffany Cheng  
Catherine Hsu



# Ice Cream Social

Jenny Dong, President-Elect (P2)

In April of 2015, ASCP hosted an Ice Cream Social for its members. This event served the purpose of bonding time, study break, and satisfying the craving of ice cream lovers. ASCPers enjoyed many flavors including vanilla, strawberry, green tea, rocky road, and even birthday cake. The social was perfectly timed during weeks of org elections and exams, allowing members to sit back, relax, and enjoy a simple dessert.



Bottom Left: Siu Mei Ma and Nikki Mulligan  
Top Left: Siu Mei Ma, Tiffany Cheng, Sarah Graveline, Zoe Zhou  
Top Right: Siu Mei Ma and Jenny Dong

*Members enjoying delicious flavors of ice cream*



# Immunization Awareness Presentations

Hooree Amerkhanian, ASCP Member (P2)

During Spring Quarter 2015, many UC San Diego pharmacy students participated in American Society of Consultant Pharmacists' (ASCP) Immunization Awareness Presentations. The outreaches took place in several locations, including Vi La Jolla, Lions Community Manor, Guadalupe Plaza, and St. John's Plaza. The presentations not only provided the Skaggs School of Pharmacy students an opportunity to practice their knowledge of immunizations, but the presentations also helped enhance geriatric patients' understanding of vaccines.

The students spoke to senior residents in the communities about the importance of different vaccinations. We explained why Zostavax is important for shingles and how to prevent the flu with the annual Fluzone vaccination. We also covered pneumococcal vaccines and boosters for tetanus, diphtheria, and pertussis. For these immunizations, we reviewed the age at which patients should be administered with the vaccines, discussed when to receive a second dose if applicable, and encouraged the seniors to stay up-to-date with their vaccination history.

With the help of our preceptors, Dr. Freedman, Dr. Painter, and Dr. Charlestharn, the presentations were a great success. Each location had over thirty attendees, who showed interest in the discussed topics. The residents asked questions throughout the presentations and also spoke to us afterwards, introducing themselves and telling us their own personal stories involving vaccines and their health issues. ASCP will continue hosting these presentations to benefit the senior population of San Diego.



UCSD SSPPS students giving outreach presentation on immunizations to the retirement communities at The Vi La Jolla, Guadalupe Plaza, and Lions Community Manor.



# Banquet



Left to Right. Top Row: Jaye Kim, Kevin Vu, Estelle Kim, Nikki Mulligan, Sarah Ross, Quyen Nguyen, Alice Koh, Jenny Liang, Jin Yang and son. Middle Row: Laifou Saechao, Sophie Xia, Jamie Kneebusch, Cindy Lau, Yafang Xie, Dr. Bao, Erin Lee, Bao-Ling Lei. Bottom Row: Teresa Vu, Yu Jin, Annie Hu, Kaishan Ding, Siu Mei Ma, Jenny Dong, Tiffany Cheng

*Congratulations!*

## Member of the Quarter

Congratulations to Tiffany Cheng for being Member of the Quarter! Thank you for all your hard work!



Left to right: Jamie Kneebusch and Tiffany Cheng



Left to right. Top Left: Siu Mei Ma, Annie Hu. Top Right: Kaishan Ding, Yafang Xie, Bao-Ling Lei, Annie Hu, Siu Mei Ma. Bottom Left: Jenny Liang, Dr. Bao, Yafang Xie, Erin Lee. Bottom Right: Siu Mei Ma, Alice Koh, Teresa Vu

# End of the Year Banquet

Nikki Mulligan, President (P3)



Friday May 15<sup>th</sup> closed a year of ASCP events with our annual Banquet at Leucadia Pizzeria. During the banquet, Tiffany Cheng was announced member of the Spring 2015 quarter and the 2015-2016 executive board members were introduced. Members watched a slide-show of the past year's events created by Yu Jin, past board liaison, and thanks were given to preceptors and the outgoing executive board. In the 2014 – 2015 academic years, ASCP offered thirty events to members from heart-felt lunchtime talks and a second Senior Prom to several successful fundraisers. Siu Mei Ma, past VP of Community Outreach, created a new presentation on Vitamins & Minerals while Jenny Dong, past P1 Liaison, coordinated the delivery of Valentine's Day cards from YMCA afterschool children to seniors at the Vi, La Jolla. ASCP also collaborated with CSHP, APhA, CPNP, AMCP, PILL, Skaggs and UCSD for several events including RX Connections, Pharmacy Day and Triton Day. The wealth of creativity, ideas, fundraising know-how, photography skills and dedication of our members and executive board made these events possible. We hope to keep growing as an organization with your support and look forward to another exciting year. Thank you again for a memorable year!

Left to right. Top (Past Board): (top row) Kevin Vu, Sophie Xia, Jenny Dong, Nikki Mulligan, Sarah Ross, Yafang Xie  
(bottom row) Jamie Kneebusch, Estelle Kim, Siu Mei Ma, Yu Jin, Cindy Lau

Bottom (Current Board): Teresa Vu, Lai Saechao, Jenny Dong, Jaye Kim, Siu Mei Ma, Nikki Mulligan, Quyen Nguyen, Jin Yang and son, Alice Koh, Bao-Ling Lei



## CONTACT UCSD-ASCP!

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Teresa Vu, Board Liaison (P3)



- Membership Drive
- ASCP Annual Conference
- Lunch with Executive Board
- Fall GBM
- P1 Elections
- Rocking Stockings Fundraiser
- VA Tour

## Who We Are

UCSD-ASCP is a student chapter of the American Society of Consultant Pharmacists. We are a non-profit organization dedicated to serving the needs of the geriatric community.

We are a relatively new chapter, established just four years ago, but we have seen an incredible amount of growth in our membership, and we have been involved in countless events. We go out in the community and do presentations on medication safety and vaccine awareness, health screenings and brown bag events, as well as provide educational lectures to our members.

For more information about our events, or our organization please visit our website or Facebook page!

## Honor Pin Requirements:

- Be a member all 4 years
- Attend 6 GBMs total (P1-P3 year)
- Accumulate 10 honor pin points throughout the 4 years by:
  - Participating in Community Outreach Events (1 pt)
  - Attending Professional Education Events (1 pt)
  - Writing an article for ASCP Newsletter (0.5 pt)
  - Helping with fundraisers (0.5 pt)

\*Other events are at the discretion of the exec board

### We're on the Web!

<http://ascpucsd.wix.com/ascp>

### Visit our Facebook Page!

[www.facebook.com/ucsdascp](http://www.facebook.com/ucsdascp)