

# AS American Society of CONSULTANT PHARMACISTS



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### Welcome Back!

UCSD-ASCP started the academic year 2020 -2021 with new incoming members. Unfortunately, due to the ongoing COVID-19 pandemic, we were unable to host numerous events such as the Alzheimer's Walk or our annual event, the Senior Formal.

However, we still participated in the Student Organization Fair and hosted our Membership Drive. In addition, Dr. Segal gave us a great presentation describing his role as an oncology pharmacist at the Moores Cancer Center. We concluded the quarter with the successful Fall Brownie Jar Fundraiser.

We will persevere through this difficult situation and hopefully return to a sense of normalcy. In the meantime, we welcome all of you to this new school year and look forward to seeing you at the upcoming events we have planned for this year!

# Student Org Fair

David Wong (P3), VP of Internal Affairs

ASCP began the 2020–2021 school year by taking part in the annual UCSD Organization Fair. However due to the COVID–19 pandemic, this event was held online through Zoom but potential members still learned about our organization by talking with our board members in separate breakout rooms. We answered many of their questions and discussed about future events or plans regarding this year due to the COVID–19 pandemic. Overall, we successfully recruited new ASCP members for this year and are excited to see what they have to offer for our chapter!

# Membership Drive

David Wong (P3), VP of Internal Affairs

ASCP welcomed new students to come learn about our organization at our membership drive through Zoom online. Our president, Elliott Lam, introduced our organization and explained what it had to offer for its members and how it serves the geriatric population. In addition, Dr. Laura Hart, the invited speaker of this event, shared her experience as a geriatric specialist and her career path in serving the geriatric community. At the end of the drive, we gave out raffle prizes (Amazon gift cards) to the attendees. We are excited to see new students joining ASCP and hope to see how they can contribute our chapter.

# Fall GBM and P1 Elections

Elliott Lam (P3), President

On October 15th, 2020, ASCP held its annual fall GBM and P1 elections. Due to COVID-19, we only had a limited number of available events that our members could safely participate in which included a lunchtime talk for Moores Cancer Center with Dr. Segal. Unfortunately, Senior Formal had to be cancelled but we are looking forward to Senior Prom! Everyone kept a positive attitude for what's to come in the future.

Following our announcements, first year students ran in our 2020 Fall Elections for the positions of VP of Immunizations and VP of Self Care Outreach. Candidates were given two minutes to voice their ideas and what they had to offer to our organization. The elections were intense since every candidate showed a lot of passion towards helping the geriatric community and had many refreshing ideas. Ultimately, we elected Montana Panec for VP of Immunizations and Justina Chang for VP of Self Care Outreach. We thank every candidate for participating in our elections as well as all our new and old members for attending. We are excited for how ASCP will adapt to all the changes this year and we hope to see our members at our events!

Join us in welcoming our new board members being elected!

**VP of Immunizations** 

Montana Panec (P1)









# Moores Cancer Center Lunchtime Talk with Dr. Stephen Segal

Kyle Ota (P2), VP of Professional Education

#### ROLE OF THE INFUSION PHARMACIST



- Responsibilities include: evaluating appropriateness of oncology and supportive care treatment plans, verifying drug orders.
- Supervising the preparation and dispensing of chemotherapy, preparing and dispensing pro-chemotherapy, parenteral drug products.
- Counseling patients and doing medicine reconciliation.
- Providing assistance to physicians in the application of Epic Beacon treatment plans for patient care, providing drug information upon request, assisting in the preparation of materials for presentation at sub-P&T meetings.

Dr. Segal describing the role of the infusion pharmacist.

In place of our normal hospital tour at Moores Cancer Center, Dr. Stephen Segal gave a lunchtime talk about his experiences as an oncology pharmacist. He went over his role in the multidisciplinary team and how patients are treated at Moores as well as the various positions that pharmacists fill there. Additionally, he gave an impromptu tour through some of the facilities at Moores with pictures of areas like the IV rooms for both sterile and nonsterile compounding. This talk was a good starting point for students who are interested in oncology pharmacy as Dr. Segal went over how treatment plans are decided as well as his path to becoming an oncology pharmacist. We hope to continue our relationship with Moores and eagerly await a return to in person tours hopefully next year!

## Fall Brownie Jars Fundraiser

Victoria Nguyen (P3), Treasurer

On December 1st, 2020, ASCP held our Annual Fall Quarter Fundraiser. Historically, this event allowed Skaggs students and faculty to come together and make hot chocolate mason jars while enjoying hot chocolate provided by SSPPS. Given this year's circumstances, a few changes were made to this fundraiser. We changed our fundraiser to selling pre-made brownie jars that still gave fundraiser participants to have some fun and enjoy a "DIY" style dessert. It was a huge success! Many jars were purchased as gifts to faculty, students, friends, bigs and littles and were all delivered to each individual. Thank you so much for everyone's support in our fundraiser!



## Member Spotlight: Brooke Wallace (P2)

For myself, ASCP-UCSD is a really warm community that provides endless opportunities to interact with older adults and better develop skills to educate patients of diverse backgrounds. Geriatrics is an essential field that is so fascinating to delve into and the patients are so much fun! I love the community we have here that is so eager to get involved and learn more about both the patients we meet and the field itself.

Hopefully all the residents at Vi are staying safe and positive despite the ongoing pandemic. I look forward to when we will be able to resume our talks with all the great residents I have met at Vi!



Brooke resting at home during the winter break.



Anh Nguyen happily celebrating her graduation.

<u>D:</u>What do you miss about ASCP? How did being a part of this organization help you get to where you are on this journey?

Anh: I miss all the social activities that we did with our members, like making Valentine's Day cards for our seniors at the Vi, and the events that we hosted for our geriatric community, especially Senior Formal and Senior Prom. They were not only enjoyable, but also rewarding because you get to see the smiles and joy on the faces of our geriatric friends.

From my involvement with ASCP, I felt that I gained many skills necessary to be a successful student and resident, such as communication skills (including emailing), how to work well in a team, how to time-manage, and how to be adaptable and think on my feet. I also made so many fun memories working with my team so I am grateful for the opportunities that I had with ASCP.

# Alumni Spotlight: Anh Nguyen

We like to introduce you to Anh Nguyen who recently graduated from Skaggs this past year. She served as ASCP VP of Self-Care Outreach for 2016-17, President-Elect for 2017-18, and President for 2018-2019. We caught up with her to see how she is doing these days!

<u>D:</u>Where are you currently now and doing at the moment?

Anh: I'm currently a PGY1 Pharmacy Resident at Rady Children's Hospital, here in San Diego. As a resident, I am able to learn about unique and rare disease states and treatments given that the hospital provide care for the pediatric population in San Diego, Southern Riverside, and Imperial counties.

During the residency, I rotate through various units such as General Pediatric Medicine,
Hematology/Oncology, NICU, PICU, Transplant,
Infectious Disease etc. and I also see patients
weekly as part of an interdisciplinary team in either
our Cystic Fibrosis or Severe Asthma Clinics. We
also have our research and P&T projects throughout
the year, opportunities to precept students from
UCSD and UOP, and staffing responsibilities on
weekends. So residency definitely keeps me busy,
but I am fortunate to have the support and
encouragement from my fellow residents and
pharmacy staff.

<u>D:</u>What do you like to do for fun during your free time?

<u>Anh:</u> I don't have a ton of free time nowadays, but when I do have some time, I am most likely watching Netflix or sleeping! My body isn't used to free time so it just wants to sleep.

<u>D:</u>For the final question, What would you like to say to the residents at Vi at La Jolla Village?

<u>Anh:</u> That I miss visiting them and hope they are enjoying indoor activities at the Vi and are safe and healthy!

If you would like to talk to Anh, know her better, or have any questions, you can contact her via Facebook (the easiest way) or email (contact the Newsletter Editor for the email). Don't be afraid, they don't bite! ;)



## WHO WE ARE

UCSD-ASCP is a student chapter of the American Society of Consultant Pharmacists. We are a non-profit organization dedicated to serving the needs of the geriatric community.

We are a relatively new chapter, established ten years ago, but we have seen an incredible amount of growth in our membership, and we have been involved in countless events. We go out in the community and do presentations on medication safety and vaccine awareness, health screenings and brown bag events, as well as provide educational lectures to our members. For more information about our events, or our organization, please visit our website or Facebook page!

## HONOR PINS

- Be a member all 4 years
- Attend 6 GBMs total (P1-P3 year)
- Accumulate 10 honor pin points throughout the 4 years by:
  - Participating in Community Outreach Events (1pt)
  - Attending Professional Education Events (1pt)
  - Writing an article for ASCP Newsletter (0.5pt)
  - Helping with fundraisers (0.5 pt)





## CONTACT US

Newsletter editor: David Wong (P3), VP of Internal Affairs

UCSD Skaggs School of Pharmacy and

Pharmaceutical Sciences

9500 Gilman Drive La Jolla, CA 92093

Email: ucsd.ascp@gmail.com

Facebook: www.facebook.com/ucsdascp

Instagram: ASCP\_UCSD

Website: http://ascpucsd.wix.com/ascp